

6 Key Findings from a 2023 Report Evaluating California's Caregiver Resource Centers



Key Finding #1

"CRCs serve caregivers who provide **complex, intense, and time-consuming care.**"

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Key Finding #2

"Caregivers highly value the **support** provided by the CRCs."

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Key Finding #3

"**Inequities** exist in the distribution of caregiving demands, resources, and outcomes."

FCA



Key Finding #4

"The CRCs have substantially **increased their outreach and education** over the past year."

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Key Finding #5

"**CareNav™** implementation is advancing."

FCA



Key Finding #6

"CRCs are helping **improve caregiver outcomes**, including burden, loneliness, and depressive symptoms."

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Picking Up the Pace of Change: Scaling Services for a Changing Caregiver Profile, authored by the Betty Irene Moore School of Nursing at UCD, is an annual report evaluating an expansion project within California's 11 CRCs. View the report and read more here: www.caregiver.org/CRCreport2023.

3 Insights from a 2023 Report

Evaluating California's Caregiver Resource Centers

In fiscal year 2023, **California Caregiver Resource Centers** provided a robust program of quality education activities to a large population of CA caregivers, including many in underserved communities.

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- ▶ 28,000 people served
- ▶ 21,916 education activities statewide
- ▶ 725 of those activities were classes — of which 360 were in a language other than English

What made it possible? A new online calendar shared and managed by all 11 CRCs.

The **CRC Evaluation Report** reveals that caregiving is becoming more time-intensive and complex.

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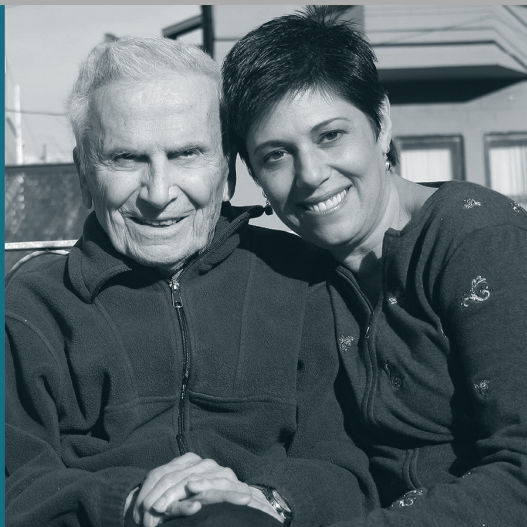


- ▶ 63% - 87% of caregivers provide 40+ hours of care each week
- ▶ More than 87% provide high-intensity care

Due to intensity of caregiving, 8% of caregivers **quit their job or retired early** in the year before contacting their CRC for help.

We **continue to learn** more about who caregivers are and who they are caring for.

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- ▶ 50% of caregivers are races/ethnicities other than White
- ▶ 53% of caregivers are under 65

Adult children, other relatives, and non-relatives comprise 63% of caregivers.

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